
IRC TIMES

Issue 10. | November 2021

Native American Heritage Month

Ghost Dance

By Sara Littlecrow-Russell

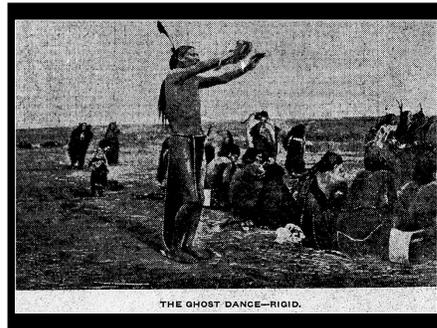
Two hundred seventy
Ghost Dancers died dreaming
That humanity would drown
In a flood of White sins.

Then the renewed earth
Would reclaim city and town,
Leaving only Ghost Dancers
And those who lived by nature's laws.

History books say the threat is gone.
The Ghost Dance died with the ancestors—
Wovoka and his sacred dream
Were destroyed.

Each time it rains,
I go out to the sidewalk,
Where the tree roots
Have broken the concrete
Listening to the water's whispering:

"It is coming soon."



An extension of Nebraska Wesleyan University's Office of Diversity and Inclusion



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Programs



Programs

Prairie Wolf Civil Discourse

Collaboration between Office of Diversity and Inclusion along with the Communication Studies Department will provide space to have healthy discourse on topics from a range of viewpoints. These discussions will be led by student facilitators once a month.

This month we are going to be talking about Immigration. How should we handle immigrants entering our country? Should immigration laws be less strict or stricter?

Let's discuss this and more on
November 10 at 12 pm

Zoom Link:



Pop-In Discussion: Native American Heritage Month

Wendy Hunt Assistant Director of Diversity and Inclusion will provide space to discuss current events, culture, historical relevance, questions, comments, concerns, as well as resources. These opportunities will be held once a month in the Intersectionality Resource Center.

The Pop-In discussion for this month is Native American Heritage Month.

Join in on the conversation on
November 22 at 12 pm to 2 pm.



Events



Events

Let Love Overwhelm Fear Body Autonomy Week November 5 - 12

Each day we will address societal fears about body autonomy that need to be overwhelmed with love. Follow our social media for updates!

November 5: How school desks need to be modified so people of all weights can use desks comfortably.

November 6: Body autonomy's effect on fashion. Creating clothes for all body types.

November 7: Functional and stylish clothing for disabled and elderly. How clothing empowers people with disabilities.

November 8: How body autonomy can be noninclusive for men or people who feel they don't get to have a say in body autonomy because they don't receive as much criticism for their body type.

November 9: How the thin ideal affects children and leads to children dieting at 7-9.

November 10: lesser-known eating disorder awareness such as:
Bigorexia
Body Dysmorphic Disorder
Orthorexia Nervosa
Night Eating Syndrome.

November 11: How to respect trans body autonomy by calling them by the pronouns they identify by.

November 12: How self-hate talk (critical voice) can be repurposed to loving yourself.

Veterans Day November 11 8 am - 11 am

The Intersectionality Resource Center would like to honor our service folks that have and serve our country this Veterans Day. If you are a Veteran or currently serve in the military stop by the **IRC** from **8 am-11 am** on **November 11th** and pick up a **free bag of popcorn**.

We thank you for your service!

Events

49 minutes of Fame: An Exhibition of Native Pop Art

November 5 - December 14

49 Minutes of Fame: An Exhibition of Native Pop Art is a gathering of nine artists with unique and provocative interpretations of their own Native American culture, myths, and representations.

The Art exhibit will be open at the National Willa Cather Center in Red Cloud, Nebraska throughout Native American Heritage Month.

Click this link for more information:
<https://www.willacather.org/events/49-minutes-fame-exhibition-native-pop-art>

Visionary Youth

**Give Today and Help a Star Shine
for Christmas**

Visionary youth needs your help in donating gifts to families this Christmas! We will distribute a gift list of requested presents out to campus. Pick out an item and buy that gift. Then you can hand it in to the designated drop off locations around campus.

Look out for this list of gifts and further information on campus and through social media!

The deadline to send in gifts is on
December 16th

Click this link for more information:
<https://visionaryyouth.org>

Events

Transgender Day of Remembrance and Resilience

November 20th 4 - 6 pm

OutNebraska is hosting an event surrounding Transgender Day of Remembrance. It takes place in Lincoln at 228 N 21st St, Lincoln, NE.

To find out more about the event and to Pre register go to their Facebook page:
<https://m.facebook.com/outnebraska/>

Save Money on your Thanksgiving Dinner

Here are the steps to make it happen:

- 1) Download ibotta
- 2) Make an account for free
- 3) Click on their free thanksgiving dinner section
- 4) Download all the coupons
- 5) Go shopping
- 6) Take a picture of your receipt on the app
- 7) Get Instant Savings





Diversity Calendar



Native American Heritage Month

Diversity Calender

Native American Heritage Month

November 1, 2021 - November 30, 2021

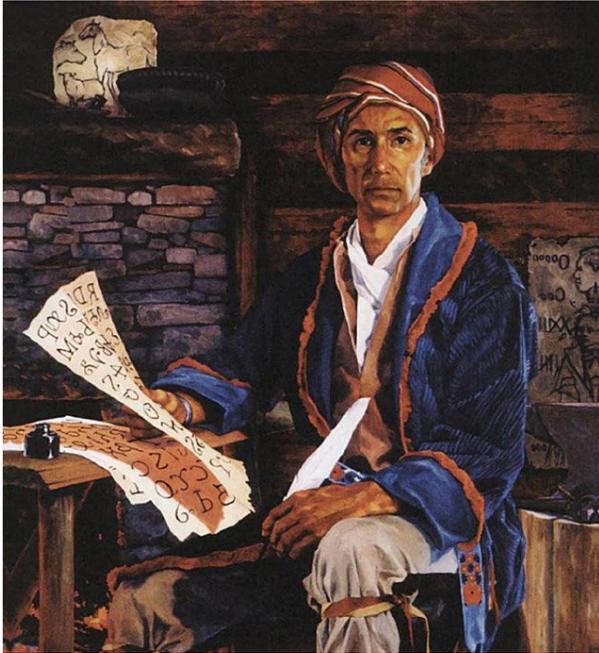
On December 14, 1915, Red Fox James (Blackfeet) rode his horse around the country to secure endorsements from different state governments for a day to honor Indigenous individuals and presented it to the White House. Although, it wasn't successful, and the Library of Congress reported that there's no record of such a day ever being proclaimed. In the year 1987, Congress called upon President Ronald Reagan to proclaim November 22-29 as American Indian Week. In the year 1990, President George H.W. Bush signed a joint congressional resolution making November National Indian Heritage Month, now called Native American Heritage Month.



This month celebrates cultures, traditions, histories and acknowledges the contributions of Native people. It is used to educate the public, to raise awareness about the challenges Native people have faced both historically and in the present day, and how they conquered these challenges.

Diversity Calender

Native American Heritage Month Role Models



Sequoyah (George Gist)

Sequoyah was part of the Cherokee Nation. He created the written form of the Cherokee language. He listened carefully to the sound patterns of the words and formed about 85 syllables from this. His daughter, A-Yo-Ka, helped complete the work and started learning the syllables around age 6. The language was not difficult for Cherokee speakers to learn, because it was tailored to their unique pronunciations.

This allowed mass literacy to flourish in the Cherokee Nation. Soon it became one of the earliest Indigenous American languages to have a functional written analog.

Radmilla Cody

Radmilla Cody was born in the Navajo Nation and grew up in Grand Falls, Arizona. Her accomplishments include a Grammy Nominee, multiple Native American Music Award Wins, 46th Miss Navajo Nation, a Black History Maker Honoree, a subject of an award-winning documentary, and an advocate against domestic abuse and violence. Cody is of the Tla'a'schi'i' clan (Red Bottom People) and part Naahilii (African American).



Diversity Calender

Native American Heritage Month Role Models



Winona LaDuke

Winona LaDuke is a Native American activist, economist, and author. She has devoted her life to advocating for Indigenous control of homelands, climate change, renewable energy, environmental justice, and protecting cultural practices. She combines economic and environmental approaches in her efforts to create a thriving and sustainable community for her own reservation and Indigenous populations across the country.

We'Wha

We'Wha was a Zuni Indian who identified as two-spirit. Her presence within Indigenous tribes and the United States was incredibly important. At six feet, the Zuni "princess" was one of the tallest and, according to Stevenson, strongest members of her tribe. No one in Washington doubted that the visitor from Zuni was a woman, but, in fact, We'wha was born a man. We'wha grew up as an individual who combined male and female traits in a socially-recognized third gender role. Two-spirit people often held honored and influential positions. We'wha was an accomplished potter and weaver, and a recognized expert in Zuni religion. It came as no surprise to the Zunis that We'wha would travel thousands of miles, overcoming the obstacles of language and culture, to live and mingle with the leaders of a powerful nation.



Resource: Zuni Man-Woman by Will Roscoe
(<https://www.amazon.com/Zuni-Man-Woman-Will-Roscoe/dp/0826313701>)

Native American Tribes in Nebraska

There were various Tribes located across Nebraska.

Here is a list of Tribes that lived in Nebraska and nearby territories. Let us know if we are missing any Tribes that were or are located near us!

Arapaho Tribe

Fox Tribe

Otoe Tribe

Arikara Tribe

Iowa Tribe

Pawnee Tribe

Cheyenne Tribe

Kansa Tribe

Ponca Tribe

Chippewa Tribe

Kiowa Tribe

Sauk Tribe

Comanche Tribe

Lakota Tribe

Santee (Sioux) Tribe

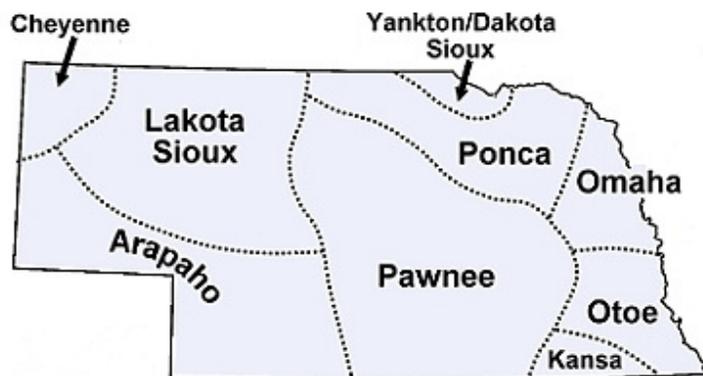
Delaware Tribe

Missouri Tribe

Winnebago Tribe

Dakota Sioux Tribe

Omaha Tribe



Native American Tribes in Nebraska

Arapaho Tribe: The Arapaho were a nomadic tribe of hunters and gatherers. They lived in the plains of the United States. They were strong, formidable people who had secret warrior societies. They lived in teepees, which they could carry with a travois, as they moved around following buffalo.



Cheyenne Tribe: The Cheyenne tribe were a powerful, resourceful tribe of the Great Plains who fiercely resisted the white encroachment of the Native American lands. The buffalo was their way of life, and provided their food, clothing, and shelter. Each year their bands would come together to celebrate a 4-day Sun Dance ceremony.

Yankton/Dakota Sioux Tribe: Historically, the tribe are known for being the protectors of the sacred Pipestone Quarry for the Oceti Sakowin (Dakota/Sioux). Their Dakota name is Ihanktonwan Dakota Oyate, meaning "People of the End Village."



Kansa Tribe: This Tribe are known as Kaw, the "People of the South wind", "People of water", Kansa, Kaza, Konza, Conza, Quans, Kosa, and Kasa. Like many other Plains Indians, the Kansa were traditionally a semisedentary people who relied on hunting and farming.

Native American Tribes in Nebraska

Lakota Tribe: The Lakota tribe was one of the three Sioux tribes of the Plains. They played a key role in the development of the west as they fought to keep their lands. There were many famous warriors that came from the Lakota tribe and they fought valiantly for their freedom.



Omaha Tribe: The Omaha was a woodland tribe, that were well-known farmers and hunters. Their structured class system included chiefs, priests, physicians, and commoners. They lived in longhouse villages near the Wabash and Ohio rivers. They migrated to the Great Plains and settled in the present-day state of Nebraska and in Iowa.

Otoe Tribe: The Otoe tribe hunted bison, gathered plants, and grew corn, beans, pumpkins, and squash. They lived as a semi-nomadic people on the Central Plains along the bank of the Missouri River. They lived in elm-bark lodges while they farmed, and used tipis while traveling, like many other Plains tribes.



Pawnee Tribe: The Pawnee tribe were semi-nomadic hunters and farmers and particularly noted for their interest in astronomy. Unlike most of the Native Indians of the Great Plains, they lived in earth lodges and farmed for most of the year.



Extra Info



YIP YIP!

SUPPORT THE PACK

LET YOUR VOICE COUNT!

**Complete your Belonging Survey by Nov. 20
and enter for a chance to win prizes!**

How do I complete the survey?

- 1) Find it in your email or Scan QR Code...
- 2) Login with your credentials...
- 3) Complete your 15 min. survey...
- 4) Automatically enter to win a prize...

Students



Faculty and Staff



Who's in the Office?

Monday

Emily 4 pm - 5 pm

Sa'javeane 5 pm - 8 pm

Maddy 7:30 pm - 9:30 pm

Tuesday

Sa'javeane 4 pm - 5 pm

Emily 4 pm - 6 pm

Peyton 4 pm - 7 pm

Maddy 4 pm - 5pm & 7 pm - 9 pm

Wednesday

Sa'javeane 3 pm - 7 pm

Emily 7 pm - 9 pm

Thursday

Emily 4 pm - 6 pm

Peyton 5 pm - 7 pm

Maddy 7 pm - 9 pm

Friday

Peyton 9 am - 2 pm

Emily 3 pm - 4 pm

Saturday

Maddy 12 pm - 2 pm

Emily 7 pm - 8 pm

Sunday

Sa'javeane 7 pm - 9 pm

Emily 7 pm - 8 pm

**The IRC is a safe space for everyone!
Intersectionality Resource Center, Bottom of
Roy .G. Story Student Center, Room 038.**