

EXERCISE SCIENCE & MASTER OF ATHLETIC TRAINING

EXAMPLE 5-YEAR PLAN



NEBRASKA
WESLEYAN
UNIVERSITY

Major: Exercise Science Minor: Psychology AWC & Threads: Identity/Health & Human Disease

FALL (Year 1)	Semester Credits:	16	SPRING (Year 1)	Semester Credits:	16
<u>CHEM 1110/L</u>	Chemical Principles I	4	<u>BIO 1400FYW</u>	Bio Inquiry	4
<u>MSPAN 1010</u>	Spanish: Stage 1	4	<u>HHP 1270</u>	Advanced Emer Care	1
<u>HHP 1320</u>	Intro to Allied Health	1	<u>MATH 1100</u>	College Algebra	3
<u>IDS 1010</u>	Archway Seminar	4	<u>MSPAN 1020</u>	Spanish: Stage 2	4
<u>HHP 1300</u>	Prevention and Care of AT	3	<u>PSYCH 1010FYW</u>	Intro to Psychology	4
FALL (Year 2)	Semester Credits:	16	SPRING (Year 2)	Semester Credits:	14
BIO 3200	Anatomy & Physiology I	4	BIO 3210	Anatomy & Physiology II	4
<u>HHP 2500</u>	Basic Human Nutrition	2	HHP 3970	Internship	1
<u>IDS 1210</u>	Identity: Intro Exploration	4	<u>PSYCH 2700</u>	Abnormal Psychology	4
<u>PSYCH 2350</u>	Lifespan Development	4	<u>HHP 2030</u>	Human Sexuality	3
HHP 1910	Medical Terminology	1	HHP 1270	Health & Wellness	2
HHP 2850	Structural Kinesiology	1			
FALL (Year 3)	Semester Credits:	15	SPRING (Year 3)	Semester Credits:	13
<u>COMM 1250</u>	Intro to Comm Studies	4	HHP 4250	Exercise Testing and Prog.	3
<u>ART 1100</u>	Painting 1	3	HHP 3990	Professional Engagement	1
<u>HHP 4150</u>	Physiology of Exercise	4	HHP 3850	Biomechanics	3
<u>PSYCH 3750</u>	Cultural Psychology	4	<u>PSYCH 3700</u>	Cognitive Psychology	4
			<u>HHP 3400</u>	Advanced Nutrition	2
SUMMER (Year 4)	Summer Credits:	5	ATTR 5000	Fundamentals of AT	4
			<u>ATTR 5010</u>	AT Clinical Exp. I	1
FALL (Year 4)	Semester Credits:	12	SPRING (Year 4)	Semester Credits:	15
ATTR 5450	Modalities of Athletic Inj.	4	HHP 4990	Senior Capstone	1
ATTR 5400	Physical Exam of Lower	4	ATTR 5030	AT Clinical Exp. III	2
ATTR 5100	Anatomical Dissection	2	<u>ATTR 5330</u>	Health Assessment	4
<u>ATTR 5020</u>	AT Clinical Exp. II	2	ATTR 5410	Physical Exam of Upper	4
			ATTR 5600	Rehab of Athletic Inj.	4
SUMMER (Year 5)	Summer Credits:	3	ATTR 5040	AT Clinical Exp. IV	1
			<u>ATTR 5510</u>	Research & Stats in EPB	2
FALL (Year 5)	Semester Credits:	11	SPRING (Year 5)	Semester Credits:	6
ATTR 5050	AT Clinical Exp. V	2	ATTR 5060	AT Clinical Exp. VI	3
ATTR 5350	Org & Ad of AT	3	ATTR 5530	Prep Research in AT 2	2
<u>ATTR 5520</u>	Research in AT 1	2	ATTR 5990	AT Graduate Seminar	1
ATTR 5700	Pharmacology and Nutrition	3			
ATTR 5980	AT Exam Prep	1			