

Nebraska Wesleyan University

**Potential New Member**

# Journal

August 11 - 15, 2020

ΑΓΔ • ΔΖ • W

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## Welcome to Nebraska Wesleyan University!

I hope that you are ready to start such an exciting part of life! I am pleased to share Panhellenic sorority life at NWU with you all. Choosing Nebraska Wesleyan University was one of the best decisions I have made. This university certainly can help you see your dreams and aspirations become reality.

The Greek community here at NWU is very special. We are a group of individuals who value service, scholarship, and lasting relationships. Being a Greek woman on this campus changed my life. I have gained so many valuable leadership skills and have met some truly amazing people. Without Greek Life, I would not have the confidence that I have today. It has made me say yes to so many opportunities that have forever changed my life. The sorority recruitment process on campus in the fall is far from anything portrayed in the media. Women who have gone through this experience in the past will tell you how much fun they had. At NWU, recruitment is values-based, which means sorority women on campus want to get to know you for you.

Giving sorority life a chance introduces you to so many of your peers who are going through the same experiences you are in your first week of college. Recruitment also will give you a wonderful opportunity to meet a lot of women on campus and hopefully find your sisters for the remainder of your college career and the rest of your life.



**Allie Wilson**

Panhellenic Council  
VP of Recruitment

# Recruitment Counselors



**EMMA GOOD**



**ROSALIE GROSSE**



**ALISHA FISHER**



**JOSIE FORD**



**MAGGIE HOGAN**



**JESSICA KIEFEL**



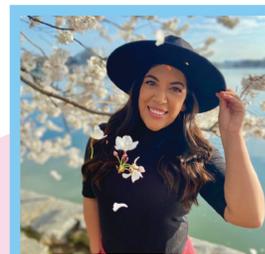
**BROOKE MEINTS**



**MACKENZY NAVRATIL**



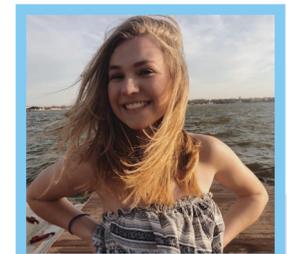
**BROOKE NOVAK**



**ELIZABETH RIVERA**



**ALEXIS SANDMAN**



**SHEA SWANSON**

# Schedule

**August 11, 2020**

Move-in & Orientation

**TUES**

6:30 - 9:00pm Orientation

**August 12, 2020**

Round 1 - Virtual

**WED**

\* Zoom links will be emailed to you in advance.

## House Tours and Philanthropy

*40 minute events / 20 minute break time*

4:00-5:00pm	House Tour Videos
5:30pm	Dinner Break
6:40pm - 7:20pm	First Party
7:20pm - 7:40pm	Break
7:40pm - 8:20pm	Second Party
8:20pm - 8:40pm	Break
8:40pm - 9:20pm	Third Party
9:20pm - 9:40pm	Break
9:40pm - 10:20pm	Fourth Party
10:20pm - 10:40pm	Break
10:40pm - 11:20pm	Fifth Party (if needed)

3

**August 13, 2020**

Round 2 - Virtual

**THURS**

\* Zoom links will be emailed to you in advance.

## Sisterhood

*50 minute events / 20 minute break time*

6:20pm - 7:10pm	First Party
7:10pm - 7:30pm	Break
7:30pm - 8:20pm	Second Party
8:20pm - 8:40pm	Break
8:40pm - 9:30pm	Third Party
9:30pm - 9:50pm	Break
9:50pm - 10:40pm	Fourth Party

**August 14, 2020**

Round 3 - Virtual

**FRI**

\* Zoom links will be emailed to you in advance.

## Preference

*55 minute events / 20 minute break time*

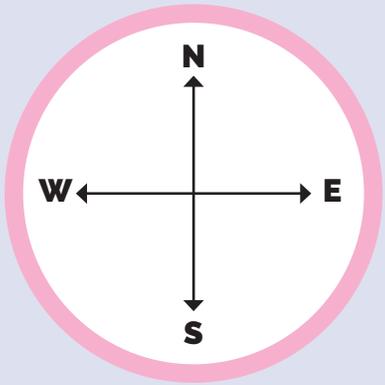
6:00pm - 6:55pm	First Party
6:55pm - 7:15pm	Break
7:15pm - 8:10pm	Second Party
8:10pm - 8:30pm	Break
8:30pm - 9:05pm	Third Party
9:05pm - 9:25pm	Break
9:25pm - 10:20pm	Fourth Party (if needed)

**August 15, 2020**

Bid Day

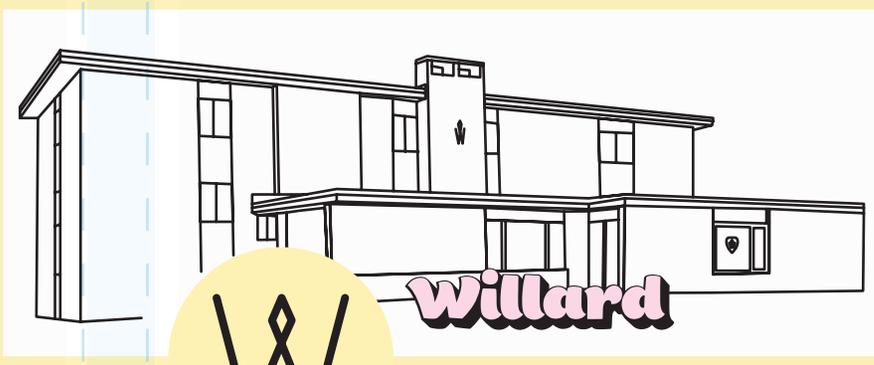
**SAT**

More details and information will be shared during orientation.



N 50th

**Theta Chi**



**Willard**



51st

**Zeta Psi**



**Madison Ave**

# Map

This is a map of NWU's campus showing each Greek House.

If you need any more assistance finding your way, don't hesitate to ask any Recruitment Counselor, Allie, or Jen!



**Alpha Gamma Delta**



**Huntington Ave**

50th



**Delta Zeta**



51st



**Phi Kappa Tau**

Year Founded: 1904

**Mission Statement:** Alpha Gamma Delta is an international fraternity for women that exists to provide opportunities for personal development through the spirit of sisterhood. We support lifelong learning as a means to gain understanding and wisdom. We promote the value of fraternal membership and commitment to higher education. We help prepare members to contribute to the world's work.

**Values:** Academic Excellence, Philanthropic Giving, Ongoing Leadership, Personal Development, Sisterhood

**What exemplifies the sisterhood of your chapter?** Our chapter encourages members to attend events on campus to support sisters; whether it's a musical, athletic activities, or campus presentation! Our sisters are consistently supportive and involved in a wide variety of organizations on campus. This allows us to have sisters no matter where we go.

**Philanthropies:** The Alpha Gamma Delta Foundation's philanthropic focus is fighting hunger. We partner with Meals on Wheels and Feeding America to assist in fighting hunger throughout the Lincoln community. In the fall, we host our annual Teeter Totter Tailgate where members teeter totter for twenty-four hours in order to help support these organizations. In the Spring, we host our Smashing Out Hunger Event where individuals can come smash a car to help support these organizations.

# Alpha Gamma Delta



# Financial Information

## First Year

<b>First Semester Cost:</b>	\$590
<b>Includes:</b> New Member Fee, Chapter Dues, Parlor Fee, Property Support Fee, Initiation Fee, Badge, 3 Meals per week, Use of facilities and laundry	
<b>Second Semester Cost:</b>	\$1,219
<b>Includes:</b> Chapter Dues, Parlor Fee, Property Support Fee	
<b>First Year Financial Total:</b>	\$1,809

*These are the minimum amounts. There are various costs for additional shirts, philanthropies and optional items on a month-to-month basis.*



# Housing

**Members are required to live in the chapter house each semester until graduation, unless:**

1. They live in Lincoln and live at home with their parents
2. They get a Peer Assistant position on campus
3. Study abroad for a semester

## How much do I pay when I live in the chapter house?

<b>Room per semester:</b>	\$2,112.50
<b>Board per semester:</b>	\$1,415.00
<i>Broken up into monthly payments.</i>	
<b>Total per semester:</b>	\$3527.50

# GPA Requirement

to remain in good standing:

# 2.5





**Year Founded:** 1902 Nationally, 1907 on Nebraska Wesleyan University's campus

**Mission Statement:** The purpose of this sorority shall be to unite its members in the bonds of sincere and lasting friendship, to stimulate one another in the pursuit of knowledge, to promote the moral and social culture of its members, and to develop plans for guidance and unity in action; objects worthy of the highest aim and purpose of associated effort.

**Values:** Belonging, Curiosity, Citizenship, Empowerment, Friendship, Generosity

**What exemplifies the sisterhood of your chapter?** At Delta Zeta, sisterhood means having people who will always support you. Our organization exemplifies unity among women who are working for the betterment of their community, their peers, and themselves. It is the invaluable bond between sisters that gives us cause and purpose to forge our own paths in life.

**Philanthropies:** Delta Zeta's national philanthropy is the Starkey Hearing Foundation. The chapter puts on several philanthropies benefiting various organizations: Smooch A Pooch benefiting Starkey Hearing Foundation, Dig It with DZ benefiting Relay for Life, Spaghetti Feed benefits the most needing local organization (this year it was Cedars Youth Service).



# Delta Zeta



# Financial Information

## First Year

<b>First Semester Cost:</b>	\$592
<b>Includes:</b> New Member & Initiation Fees, Badge, Chapter Dues, Parlor Fee, Furnishing Fund, Building Fund	
<b>Second Semester Cost:</b>	\$355
<b>Includes:</b> Chapter Dues, Parlor Fee, Furnishing Fund, Building Fund	
<b>First Year Financial Total:</b>	\$947

*These are the minimum amounts. There are various costs for additional shirts, philanthropies and optional items on a month-to-month basis.*



# Housing

Members are required to live in the chapter house for three years.

**How much do I pay when I live in the chapter house?**

**Room and board (10 month total):** \$685

*\*Additional associated dues: Chapter Dues, Furnishing Fee, & Building Fund*

# GPA Requirement

to remain in good standing:

# 3.0





# Willard

**Year Founded:** 1889 on Wesleyan's campus

**Mission Statement:** We, the women of Willard Sorority, seek the crown of perfect womanhood. In this pursuit, we strive to obtain the qualities of love, generosity and integrity, while aiming to achieve intellectual development. Thus, we, the women of Willard, endeavor to nurture unique individuality of each member in order to strengthen the fellowship of our sole chapter.

**Values:** We live by the values of sisterhood, scholarship, service, character, and commitment.

**What exemplifies the sisterhood of your chapter?** Our sisterhood is exemplified by late night heart to hearts in the hallways, support during happy and hard times, an outlet to explore ideas and values, late night ice cream runs, shared laughter and tears, and women who are all passionate and encouraging each other to continue striving for greatness.

**Philanthropies:** Rock-a-thon with Zeta Psi Fraternity benefiting the Nebraska Make-a-Wish Foundation, BYOB (Build Your Own Burrito) benefiting Fresh Start Lincoln, S'more Local Love benefiting the most deserving cause (last year was Hope Spoke).



# Financial Information

## First Year

<b>First Semester Cost:</b>	\$516
<b>Includes:</b> New Member Fee, Chapter Dues, Chapter Dinner, Security, Building, Social, Panhellenic Dues	
<b>Second Semester Cost:</b>	\$298
<b>Includes:</b> Chapter Dues, Dinner, Security, Building, Social, Panhellenic Dues	
<b>First Year Financial Total:</b>	\$814

*(These are the minimum amounts. There are various costs for additional shirts, philanthropies and optional items on a month-to-month basis)*



# Housing

Members are required to live in the chapter house for three years.

*How much do I pay when I live in the chapter house?*

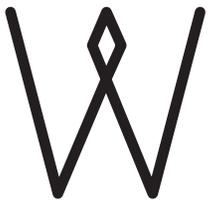
Semester total w/ associated dues: \$3,150

*Associated dues: Social, Chapter & Panhellenic Dues, Room & Board*

# GPA Requirement

to remain in good standing:

# 2.5



# Panhellenic Recruitment

We, the members of women's sororities at Nebraska Wesleyan University, agree to promote honesty, respect, sisterhood and cooperation within the College Panhellenic and our respective chapters and in our daily lives. This code of ethics is designed to inspire our members, reinforce exemplary conduct and values-based leadership, and perpetuate lifelong membership to enrich the sorority and Panhellenic experience.

*We, as Panhellenic women of Nebraska Wesleyan University, agree on and commit to:*

Uphold and demonstrate the panhellenic spirit in thought, word and action through our chapters as well as individual members.

Demonstrate ethical behavior and conduct ourselves in a manner consistent with the mission and values of the College Panhellenic, each inter/national organization and our institution.

Respectfully adhere to the Unanimous Agreements and all policies established by the National Panhellenic Conference.

Avoid disparaging remarks about any sorority or collegiate woman and refrain from discussing Panhellenic matters with nonmembers, in accordance with the dignity and good manners of sorority women.

Recognize friendly relations with all collegiate women, both sorority members and nonmembers, realizing the importance of creating and building friendships.

Plan recruitment events that provide opportunities for the greatest possible number of women to become sorority members while protecting the rights and privileges of individuals and the chapters.

# Code of Ethics

Provide a safe, positive and enriching recruitment experience, understanding that membership is a social experience arrived at by mutual selection.

Strive to be truthful, honorable, open and friendly to all Potential New Members during all recruitment events.

Be respectful of the rights of every Potential New Member to make her own choices, including the right not to join the women's sorority community.

Refrain from limiting a Potential New Member's chances of becoming a member of the Panhellenic community by encouraging her to make a single intentional preference or to limit her choices.

*We, as Panhellenic women of Nebraska Wesleyan University, also agree on and commit to:*

- Respectfully adhere to the bylaws and recruitment rules of the Nebraska Wesleyan University Panhellenic Association.
- Abide by all local and federal laws and NPC inter/national member organization bylaws.
- Hold one another accountable to these standards, remembering at all times that we represent not only our individual chapters but also the Panhellenic community as a whole.

*As Panhellenic women of Nebraska Wesleyan University, these are the tenets by which we strive to live.*

Date adopted: April 8, 2019

# Bill of Rights

Potential New Members are granted the following:

The right to be treated as an individual.

The right to be fully informed about the recruitment process.

The right to ask questions and receive true and objective answers from Recruitment Counselors and members.

The right to be treated as a capable and mature person without being patronized.

The right to have inviolable confidentiality when sharing information with Recruitment Counselors.

The right to have and express opinions to Recruitment Counselors.

The right to ask how and why and receive straight answers.

The right to be treated with respect.

The right to make informed choices without undue pressure from others.

The right to be fully informed about the binding agreements implicit in the membership acceptance signing.

The right to make one's own choice and decision and accept full responsibility for the results of that decision.

The right to have a positive, safe and enriching recruitment and new member experience.

The right to not be persuaded by a sorority member to resign her bid to any sorority during her new member period.



# Tips



Take detailed notes after you visit with each chapter. These notes will help you make decisions at the end of each night. Include information on chapter values, philanthropies, programs available to new members, etc.

Keep your opinion about each individual chapter to yourself. Out of respect for the other Potential New Members as well as the chapters and active members, we ask that you do not share your opinions at the risk that yours might differ from theirs.

Be polite and respectful at each chapter you visit and with every woman you interact with. Whether you join that chapter and those women become your sisters or not, you are still forming valuable connections and building a network on campus.

Ask a lot of questions! There are no bad questions. For ideas of values-based questions to ask, check out pages 14-15.

Make decisions that best fit you. Be realistic about where you feel most comfortable and where you can imagine yourself for the next 4+ years of your life.

Recruitment involves a mutual selection process. This means that you preference chapters but the chapters also select women. You might become discouraged during the process; remember to always keep an open mind.

Remember that everyone in a sorority went through the recruitment process before. They remember what it feels like to be a Potential New Member, and chances are they are as nervous as you are, if not more!

Don't interpret any remark made during an event as a guaranteed invitation to an event or a bid. However, if you feel as if you have been bid-promised, report this to your Recruitment Counselor immediately. These statements are unethical and may inappropriately influence your decisions.

If you go to a wrong virtual event by mistake, don't worry about it. Contact your Recruitment Counselor, and they'll get it cleared up. Everyone makes mistakes. This is no big deal.

Recruitment is an incredibly fun but intense process. Make sure you are taking care of yourself and maintaining personal health. Be sure to get a lot of rest when you can and stay hydrated.

Recruitment Counselors are here to help you have the best possible experience. If you have questions, don't hesitate to ask them. If they don't know the answer, they will find someone who does.



# Possible Questions

## Scholarship

How can your chapter help me succeed academically?

Does your chapter have a structured academic program for new members? If so, what does it involve (i.e. required study hours, internal tutoring programs, etc.)?

Do you have a study hours policy?

Do you offer scholarships for new members and initiated members?

What facilities and resources does your chapter have to assist me academically (chapter library, study rooms, wireless internet, etc.)?

Where does your chapter rank academically?

I'm a \_\_\_\_\_ major. Can I connect with other members in that program in the chapter?

## Sisterhood and Social

What kind of social events can I expect?

What kind of sisterhood events can I expect?

How will I get to know older members in the chapter?

Do you have events with other chapters on campus?  
Other student organizations?

How are chapter socials financed (i.e. part of chapter dues or an extra fee)?

How long is the new member program? What does the program include?

What does sisterhood mean to you? What values are important to the sorority?

What are some of your favorite chapter events?

What does this chapter mean to you?

## Service and Philanthropy

What is your chapter's philanthropy? What does it benefit?

Is your chapter directly involved in working with the philanthropic cause?

What have you learned from volunteering for the chapter's philanthropy or other philanthropies?

What does your chapter do to support the NWU and Lincoln communities?

## Membership Expectations

What are the financial obligations for members? What do these fees include (e.g. food, social, etc.)?

Am I able to live in the chapter facility? Are there a required number of years that I need to live in the facility?

What are the required activities? How much of a time commitment is involved?

Will I have time to be involved in the sorority and other campus organizations?



## Personal Development

What are the leadership opportunities within the chapter for members? What opportunities are there specifically for new members?

How can your chapter help me with career networking when I graduate?

What connections do your members have with alumnae (e.g. mentoring programs, alumnae events, etc.)?

How has the sorority enhanced your college experience?

Besides the sorority, what other activities are members involved with on-campus or in the community?

How will your sorority prepare me for graduation and life after college?

Does your chapter have opportunities for me to attend leadership conferences or conventions?

What opportunities and experiences will I have in your sorority that I can't find somewhere else?

What have you gained by being a part of this chapter?



# Greek Life Vocabulary

**ACTIVE** - A member who has been initiated into lifelong fraternity or sorority membership and participates in chapter activities at the collegiate level

**ALUMNAE** - Initiated sorority members who have graduated from college

**BID** - A formal invitation to membership in a particular sorority

**CHAPTER** - Chapter refers to the individual sororities on campus. Wesleyan has three sorority and three fraternity chapters, each designated by a specific name

**DAILY SELECTIONS** - PNMs will list the sororities they visited in order of preference

**EVENT/PARTY** - Scheduled times that you will have an opportunity to speak to sorority women

**GREEK ADVISOR** - The NWU staff member who is responsible for guiding the NWU Greek Community

**INITIATION** - (also called activation) The formal ceremony that marks the beginning of active membership. Each chapter has a different set of requirements in order to be initiated

**LAVALIERE** - A pendant with a sorority's Greek letters on it

**LEGACY** - The brother or sister, son or daughter, or grandson or granddaughter of a sorority member. Each (inter)national organization has its own policy regarding legacies and recruitment.

**MEMBERSHIP RECRUITMENT** - The mutual selection process that prospective members and chapter members go through during the recruitment period to get to know one another

**MRABA (Membership Recruitment Acceptance Binding Agreement)** - card that is signed on preference night to verify the sororities in which PNMs would like to become a member of

**NEW MEMBER** - A member of a sorority who has not been initiated

**PANHELLENIC** - The National Panhellenic Conference (NPC) is an umbrella organization for 26 national, international, and local sororities. NPC supports its chapters by promoting values, education, leadership, friendship, cooperation, and citizenship. They provide rules and guidance to sorority women and Greek leaders on over 670 campuses. On campus, Panhellenic Council is the sorority governing board composed of women from every chapter on campus

**PHILANTHROPY** - A charitable fundraiser or service project sponsored by a sorority

**POTENTIAL NEW MEMBER (PNM)** - A college student who is interested in joining a Greek Organization and is taking part in the recruitment process

**PREFERENCING** - After each round of Panhellenic sorority recruitment, a Potential New Member determines the order of sororities to which they would most like to be invited back/invited to join

**RECRUITMENT COUNSELOR** - A Panhellenic sorority member who has disaffiliated herself from her chapter during formal membership recruitment. She is specially trained to help Potential New Members and answer any questions they may have about sorority membership.

**SISTER** - A term used by sorority members to refer to one another

**SORORITY** - A Greek letter sisterhood

# A Week in the Life

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

Most chapters on campus have their individual chapter meetings (and sometimes chapter dinner) on Sunday or Monday evenings. Chapter meetings typically last one hour and provide an avenue to communicate important chapter information, academic recognition, and philanthropic updates.

Tuesdays, Wednesdays, and Thursdays often consist of sisterhood events (movie nights, frozen yogurt runs, and coffee dates), studying, and community service through volunteer work or philanthropies.

Weekends are a great time for sisterhood events, community service events, and social events. From chapter retreats to formals to volunteering around the Lincoln community, this is a great time for bonding within and between chapters.



## Time Management

Managing your schedule is the key to success, and chapters understand that you are here for academics first. Be sure to always plan your study hours first and chapter events second. It is easy to take on too much, so be sure to let your chapters know you need time to study, work, or be with family!

Nebraska Wesleyan University  
Potential New Member Journal

**August 11 - 15, 2020**

**ΑΓΔ • ΔΖ • W**